



Trusted for 40 Years

Thank You for your Valued Enquiry

We are a private clinic with a pleasant and relaxed environment, established in 1978, in Leicester, UK, by International Hakim and Herbalist M Salim Khan M.D. (M.A.), M.H., F.G.N.I. (England) D.O. (London). Our approach is based on the whole person and use of natural medicaments and therapies only. Our primary emphasis is on preservation of health. We provide individually planned treatments to meet each patient's needs and circumstances.

We use a range of naturopathic and holistic diagnostic methods, including:

- Physiognomy (*Firasah*)
- Pulse Diagnosis (*Nabz*)
- Iridology Assessment

We offer a range of safe, effective, natural therapies:

- Energetic nutrition
- Traditional herbal medicine (*Tibb Unani*)
- Holistic counselling (*Nafsiyat*)

See next page for info about booking your consultation.

We successfully treat people with many conditions such as:

- ✓ overweight or under weight, digestive problems
- ✓ eczema, psoriasis, vitiligo, acne
- ✓ premature ejaculation, weakness, infertility, low libido, PMT, painful periods, difficulties in menopause
- ✓ fatigue, low energy, ME
- ✓ insomnia, stress, depression, anxiety
- ✓ asthma, hay fever, bronchitis
- ✓ back pain, arthritis, rheumatism

Confidential consultations are by appointment only. Please contact us for more information about dates and consultation fees.

Please bring the following:

- A food diary of everything you eat and drink over a period of 3 days
- A list of medicines and supplements you use
- Photocopies of any medical or diagnostic tests from your GP, hospital, or any other health practitioner.

After the consultation, you will be provided with a Health Improvement Plan, which may include:

1. Lifestyle recommendations
2. Nutritional recommendations
3. Herbal medicine(s)
4. Supplement(s)

See next page for info on consultation fees and more.

Consultations with Hakim M Salim Khan are £95 for adults or £75 for children under 16 and elderly 65+. We may also have another practitioner available for consultations. Please enquire for details.

Medicines and/or supplements are specially selected for each patient - based on an assessment of your condition, your constitution and health history. These are usually available to purchase on the same day.

Follow-up consultations are important to review your progress and to adjust your Health Improvement Plan. As each patient is unique, the frequency of follow-ups varies.

If **more than a year** has passed since your last appointment, you may be advised to make a new **first consultation** and fill out the food diary and list of medicines and supplements again.

Repeat medicines can be sent to you between consultations. Please call us to arrange your repeat medicine.

If you wish to **change or cancel your appointment**, please give **48 hours notice**, or you may lose your consultation fee.

For cancellations we offer a refund deducting **£10 for card** transactions and **£5 for cash**, to cover administration costs.

See next page for our contact details.



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To Book Your Appointment:

Call Now: +44 (0)116 273 8614

E-mail Us: info@mohsinhealth.co.uk

Visit/Write: Mohsin Health Clinic
446 East Park Road,
Leicester, LE5 5HH, UK

Open on Mon, Tue, Wed,
Thu, and Sat

Closed on Fri and Sun